

# Learning Channels Inventory

Adapted by Mark Reardon from *How Your Child Is Smart* by Dawna Markova

For each of the following questions, choose one answer that is the most accurate. If more than one answer is appropriate, select one. Circle the letter(s) in brackets that correspond with the answer you chose. For example, if your answer to question #1 is "1.1", circle (U, V). Choose one answer for each question.

1. What do you remember most easily?
  - 1.1 What's been said, jokes, lyrics, names of people, titles; I memorize by saying something repeatedly. (U, V)
  - 1.2 What's been seen or read, people's faces, how something looks; I memorize by writing something repeatedly. (Z, Y)
  - 1.3 What's been done or experienced, the feel or smell of something; I memorize by doing something repeatedly. (X, W)
  
2. What do you remember most easily after a movie, TV program or reading?
  - 2.1 What the people and the scenes looked like. (Z, Y)
  - 2.2 What was said or how the music sounded. (U, V)
  - 2.3 What happened or how the characters felt. (X, W)
  
3. What do you remember most easily about people you just met?
  - 3.1 What I did with them or how I felt with them. (X, W)
  - 3.2 How they looked, and how they dressed. (Z, Y)
  - 3.3 Their name, how they spoke, or what they said. (U, V)

4. How would you describe your handwriting?
  - 4.1 Most of the time my style is neat and legible. (Z, Y)
  - 4.2 Most of the time my style is difficult to read. (V, X)
  - 4.3 Most of the time my style is messy. (U, W)
  
5. How would you describe your physical needs and skills?
  - 5.1 I am constantly in motion, wiggly; I need freedom to move. (X, W)
  - 5.2 I can sit still easily for long periods of time. (V, Z)
  - 5.3 I feel awkward or get easily frustrated when first learning a physical activity. (V, Z)
  - 5.4 I learn physical skills easily. (X, W)
  
6. What's most important when you decide which clothes to wear?
  - 6.1 How they feel, how comfortable they are, the texture. (X, W)
  - 6.2 The colors, how they look on me, how they go together. (Z, Y)
  - 6.3 An idea of what is me, the brand name, what the clothes say about me. (U, V)
  
7. How do you express your feelings?
  - 7.1 I'm very private about my feelings. (Z)
  - 7.2 My feelings seem right beneath the surface. (U, Y)
  - 7.3 I express my feelings easily. (U, W)
  - 7.4 I express reasons for my feelings easily. (V)
  - 7.5 It's almost impossible to put my feelings into words. (X)

8. Under what conditions do you lose concentration and daydream?

- 8.1 When there is too much visual detail, being shown something, or questions about what I see. (U, W)
- 8.2 When there are too many words, verbal explanations, or questions about what I have heard. (Y, X)
- 8.3 When there too many choices of what to do, being touched, or questions about how I feel. (V, Z)

9. How would you describe the way you talk?

- 9.1 My words pour out, in logical order, all the time, without hesitation; I have a vast vocabulary. (U, V)
- 9.2 I am self-conscious or shy about speaking in groups. (Y, X)
- 9.3 I use many metaphors and images when I speak. ("It's like a cyclone, a blue funnel, a whirling top.") (Z, W)
- 9.4 I talk mostly about what I did, how I feel and what's happening. (W)
- 9.5 I must use my hands or movements to find words. I make hand motions before words. (Y, W)
- 9.6 I talk in circles, and tend to ask many questions. (Y, X)

10. How would you describe your eye contact?
  - 10.1 I maintain steady, persistent eye contact. (Z, Y)
  - 10.2 I am “eye shy,” and am uncomfortable with eye contact for more than a few seconds. I look away frequently. (U, W)
  - 10.3 I keep steady eye contact, but my eyes blink or twitch if I sustain eye contact. (V, X)
  - 10.4 My eyes glaze over when I listen for too long. (Y, X)
11. What would be the most uncomfortable for you?
  - 11.1 Mean and hurtful words. (Y, X)
  - 11.2 Poking or invasive touching. (V, Z)
  - 11.3 Nasty looks. (U, W)
12. How do you put something together?
  - 12.1 I read the directions and then do it. Telling me confuses me. (Y)
  - 12.2 I read the directions, ask questions, and then talk to myself as I do it. (Z)
  - 12.3 I work with the pieces, then ask questions if I need to. I never read the directions. (W)
  - 12.4 I work with the pieces, look at the diagram, and then ask questions. (X)
  - 12.5 I have someone tell me, then show me how, then I try it. (V)
  - 12.6 I have someone tell me how to do it, and then I try it. I only read the directions as a last resort. (U)

